

# LYNNWOOD LEOPARDS

## Upcoming Events

January 3, Geography Bee  
in LWE Library

January 11, DARE Graduation for 5th grade students in the gym at 7:00 pm

January 12<sup>th</sup>, MLK Assembly @9:30

January 18<sup>th</sup>, 5<sup>th</sup> Grade Concert for Band and Orchestra, Gym at 7:00 pm

January 25, Early Release @12:10 pm. **No AM kindergarten classes. PM kindergarten & full day kindergarten in session from 9:00-12:10 pm**

January 26, Non School Day

January 30<sup>th</sup>, Variety Show 1:30 and 7pm

### DARE Graduation

5th grade students will graduate from the DARE program at 7:00 pm on January 11, in the LWE gym. Parents and family members are invited to attend. Students will read DARE essays and share information that they have learned in the program this year.

## Principal's Place

by Chris Lindblom

Dear Families,

Happy New Year and welcome to 2007! I trust that your families have found ways to enjoy the New Year and time home with the kids. The staff of Lynnwood Elementary is looking forward to continuing this school year and six more months of learning together before the warmth of the summer.

**Crazy Weather:** I hope that the unusual snow, rain, and wind we've been having has run its course and we will have a calmer winter ahead. Currently, we have four days to make up because of the weather. June 21<sup>st</sup> and 22<sup>nd</sup> had previously been established as snow make-up days and will now be converted into regular school days. The district will be working with our community and the employee's unions to reschedule the other two days into the calendar. Look for an announcement sometime later this winter.

**Peace Days at Lynnwood:** Lynnwood Elementary has been having a very peaceful school year! So far, about fifty percent of our school days have been Peace Days. As you know, a Peace Day is achieved whenever we complete a school day without any reports of physical or relational aggression between students.

Our students' success with this isn't an accident. For the past many years, students and staff at

Lynnwood have taken several steps in creating a positive and supportive atmosphere. Each month, students learn about a different character trait in their classroom and during their PAWS group. They have learned how to identify bullying behaviors and how to prevent bullying from happening at our school. Every class also spends time each week discussing issues around bullying and problem solving ways to handle situations. On Monday, Wednesday, and Friday mornings our whole student body recites our Anti-Bullying Pledge. Just as it is important to build the minds of our students in academic achievement, it is equally important to help our students learn to be good citizens in the world in which they live.

**Diversity Celebration at Lynnwood Convention Center:** January 15<sup>th</sup> is the national holiday created for the man who stood for fair treatment and peace, Dr. Martin Luther King. On the days prior to this holiday, the City of Lynnwood will be celebrating our city's rich diversity at the Convention Center. Many students from schools throughout Lynnwood will be a part of this celebration through photo journals and essays which highlight their family's origins. For more information, please see the city's website at: [www.ci.lynnwood.wa.us/MLK](http://www.ci.lynnwood.wa.us/MLK).

Have a wonderful January!

**Information Fair**  
**Saturday, January 6**  
**9:00 AM to Noon**  
**Lynnwood High School**  
(3004 184<sup>th</sup> Street SW)

The Annual District Information Fair is taking place Saturday, January 6, 2007! The Fair provides parents and community members with an opportunity to learn about all the programs available to students as they advance from preschool through high school.

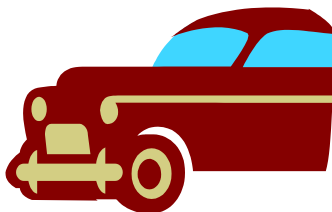
Highlights include:

- ✦ New kindergarten parents pick up registration information and meet teachers and staff from their child's school.
- ✦ Parents of sixth- and eighth-grade students transitioning into middle and high school learn more about new opportunities available to their child.
- ✦ Human Resources representatives are available with information on all District job opportunities.
- ✦ The long-standing tradition of the Transportation Safety Players performing and providing bus rides is another fair staple not to be missed!

For more information call Community Relations at 425-431-7046 or e-mail [aabyj@edmonds.wednet.edu](mailto:aabyj@edmonds.wednet.edu).

## Traffic Flow

Please carefully read the following plan for parent drivers. It is critical that traffic flow move smoothly and safely through the parking lot. The plan for parent drivers is as follows:



1. All parents who drive their students, must use the 44<sup>th</sup> Avenue playground entrance (north of the main entrance). The school entrance off 188<sup>th</sup> Street will be restricted to bus traffic only. This means that cars may not enter through 46<sup>th</sup> Ave W.
2. Parents who are dropping off a kindergarten student or a student in our special education program (Ms. Fitzgerald's or Mrs. Siebers' rooms) will follow the green arrows on the playground and drop off their student(s) near the steps leading to their classroom wing. Parents will exit using the regular 44<sup>th</sup> Avenue entrance just to the south of our playground (right turn only).
3. All other parents who are dropping off students will enter through the same playground entrance on 44<sup>th</sup> Avenue, turn left and then turn right to drop their student(s) off just past the office at the front of the school. Please follow the red arrows. There will be official greeters to show you the way and where to drop-off your students as well as other adults to walk your student to class.

**Important:** Please train your student(s) to exit and enter your vehicle using the passenger side (curb side) door.

## You're Invited...to the Superintendent's Roundtable

### Healthy Students: Nutrition & Physical Activity

*We will be serving Wednesday's elementary school lunch. While you enjoy your school lunch, you will learn about its nutritional value.*

Wednesday, January 3, 2007  
Noon to 1 p.m.

Educational Services Center (ESC)  
20420 68<sup>th</sup> Ave W, Lynnwood

Questions? Please call  
JoAnn Kerns at 425-431-7003

Join Superintendent Nick Brossoit for an informal conversation, as well as an open-agenda period where any questions, comments, or concerns can be brought forward. Cookies, coffee, and water will also be provided.

### Office Depot 5% Back to Schools

Every time you make a purchase at Office Depot, 5% of the purchase can be donated back to LWE in the form of school supplies. LWE's program ID number is 70106765. Just give the school name or program ID number to the sales clerk when making your purchase.

### Book-It Theater's Goin Someplace Special by Patricia McKissack

Date: Saturday, January 13<sup>th</sup>  
Time: 2pm  
Where: Lynnwood Library

**Summary**

A young African-American girl braves her first unaccompanied trip to "someplace special" in Newbery Honor-winning author Patricia C. McKissack's tale of strength and segregation in 1950s Nashville. Drawing on her own childhood, the author tells the story of Tricia Ann, who convinces her grandmother that she's old enough to take the bus to her favorite destination, the only place in town where "All Are Welcome." Although the young girl faces all manner of discrimination along the way - from having to sit in the back of the bus to being booted out of a fancy hotel lobby for being "colored" - Tricia Ann carries on, thanks to the encouragement of friends and the acceptance and wisdom she knows awaits her at her final destination, the public library. Winner of the Coretta Scott King Award.



# Non-School Day News

Once each month, a day has been set aside where students do not attend school but the staff meets for professional development opportunities, to have time to plan with colleagues, to breathe deeply, and do all of the things that turn a school into a cohesive learning community.

On December 1<sup>st</sup> our teachers met together for a half day of staff development. On this morning, we continued our discussion and learning with math instruction from our previous non-student day. Our focus this time was with improving our students' ability to communicate their ideas in mathematics through vocabulary development and writing.

The teachers had the afternoon to work individually. Most of this time was used preparing students' report cards and to evaluate projects and assessments for the end of the trimester.

Our para-educators met through the morning in various district workshops. In the afternoon, we met as a group to review student expectations and adult procedures at recess. These rules were further refined in order to help assure our students safety.

## Character Education

The character trait for the month of January is **TRUSTWORTHINESS**. Trustworthiness is being honest and keeping your promises. Someone who is trustworthy is reliable and will do what they say they will do.

Character homework for the month of February is to write down 3 of the quotes posted on banners in the school corridors and gym. Please submit the hand written quotes on paper to the Character Ed box in the office and include your name for a character pin.

## Special Education Resource Event

January 25, 2007, 7:00-8:30 pm.

Edmonds School District Office Board Room at:  
20420 68th Ave. W. Lynnwood, Washington 98036

## Language Development & Strategies for Language Growth

Presented by Kristen Dambach, Jocelyn Bentz, & Mary Jane Betts Edmonds School District Speech/Language Pathologists and:

## Sensory Strategies to Use at Home

Presented by Nancy Edwards and Harriet Shick, Edmonds School District Occupational Therapists

There will be time after the presentation to network with other families. If you have some good resources of your own please bring them to share!

# Focus on Fitness

By Susan Sellers  
LWE Physical Education Teacher

## Did you know?

- ◆ **Flavored milk drinks contain more fat, sugar, cholesterol, and calories than even soft drinks do.** *Miami Herald*
- ◆ **Sugary drinks cause children to eat more** – When they drank sweetened drinks, they took in on average, 244 more calories with their meal. *Journal of Pediatrics*
- ◆ **Sugary drinks cause Type 2 diabetes** – Higher consumption of sugar-sweetened beverages is associated with a greater magnitude of weight gain and an increased risk for development of Type 2 diabetes in women. *Journal of the American Medical Association*
- ◆ **Refined sugar is a drug** – Repeated, excessive intake of sugar causes endogenous opioid dependence in lab rats. *Journal of Obesity Research Miami Herald*
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# I CAN!

Beginning soon, we will be learning basic jump rope patterns in our primary physical education classes. Before we try the skills with a rope, the students will need to be able to perform the following basic skills:

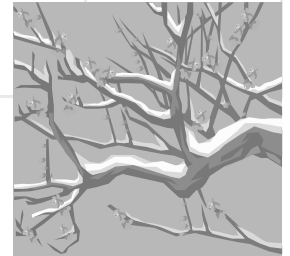
1. **Ski Jump** – keeping feet together, jump side-to-side?
2. **Bell** – keeping feet together, jump forward and back?
3. **Jumping Jack** – feet only, jump the feet out to the side and back together.
4. **Scissors** – start with one foot forward and one foot back, jump and switch their positions.

*The job of the school is to transform its students not only by providing them with knowledge and skills but by building character and instilling virtue.*


# LYNNWOOD LEOPARDS

## January 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 HOLIDAY	2	3 7 pm Geography Bee	4	5	6
7	8	9	10	11 7 pm DARE Graduation, 5th grade	12	13
14	15 HOLIDAY	16	17	18 7 pm 5th grade music	19	20
<b>Outdoor Education, 6th grade</b>						
21	22	23	24	25 Early Release 12:10 pm	26 Non-School Day	27
28	29	30 1:30 pm Variety Show 7:00 pm Variety Show	31			



## February 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8 Family Math Night, 6:30-8:00 pm in gym	9	10
11	12	13	14 	15	16 Non-School Day	17
18	19 Holiday No School	20 Break No School	21	22 1:15 pm Scoliosis Screening, 5th grade	23 PFT Movie Night in the gym	24
25	26	27	28			