

NOVEMBER 2008 LUNCH MENU

*Menu subject to change
due to product availability*

Edmonds School District No. 15

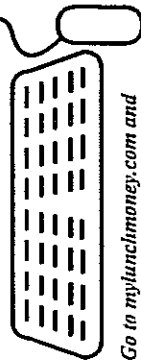
*MAY CONTAIN PORK
**MEATLESS ENTREE

The price for reduced cost meals is set by USDA. Breakfast is free and lunch is free for grades K-3 and 40-cents for preschool and grades 4-12. For more information visit edmonds.wednet.edu. This institution is an equal opportunity provider.

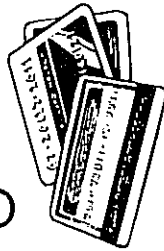
Canadian coin not accepted	ELEMENTARY	SECONDARY
Student Breakfast	\$ 1.75	\$ 2.00
Student Lunch	3.25	4.00
Adult Lunch	\$ 5.00	\$ 5.00
Adult Breakfast	2.50	2.50
Milk	.50	.50
20 Student Breakfast (Pre-paid)	\$35.00	\$40.00
20 Student Lunch (Pre-paid)	\$65.00	\$80.00

Use your
credit card/
debit card
to pay for
meals
on-line!

**Convenience
Control
CONNECT!**



Go to mylunchmoney.com and prepay for meals with your credit card or debit card. Just follow the online instructions. Questions call Food Service Office at 425-431-7080.



Mon., Nov. 3

HOT DOG
OR
CHICKEN BURGER
OR
CHEESE QUESADILLA**
NACHO CHEESE DORITOS
Tossed Salad
Fresh Vegetables
Fresh Fruit
Canned Fruit
Choice of Milk

Tue., Nov. 4

Remember to Vote!
SPAGHETTI WITH A ROLL
OR
CHICKEN BURGER
OR
BEAN & CHEESE BURRITO**
WITH A ROLL
OATMEAL RAISIN COOKIE
Tossed Salad
Fresh Vegetables
Fresh Fruit
Canned Fruit
Choice of Milk

Wed., Nov. 5

FISH NUGGETS
WITH A ROLL
OR
CHICKEN BURGER
OR
TACO HOT POCKET**
Tossed Salad
Fresh Vegetables
Fresh Fruit
Canned Fruit
Choice of Milk

Thurs., Nov. 6

MACHO NACHOS
WITH A ROLL
OR
CHICKEN BURGER
OR
TOASTED CHEESE
SANDWICH**
Tossed Salad
Fresh Vegetables
Fresh Fruit
Canned Fruit
Choice of Milk

Fri., Nov. 7

Professional
Development Day
No School



Our teachers are
busy sharpening
their skills for you!

Mon., Nov. 10

BEAN & CHEESE BURRITO**
WITH A ROLL
OR
CHICKEN BURGER
OR
HOT DOG
FRITOS
Tossed Salad
Fresh Vegetables
Fresh Fruit
Canned Fruit
Choice of Milk

Tue., Nov. 11

Thank
You

★ VETERANS' DAY ★
NOVEMBER 11



Wed., Nov. 12

HAMBURGER GRAVY &
MASHED POTATOES
WITH A ROLL
OR
CHICKEN BURGER
OR
STUFFED BREAD STICKS**
OREO COOKIES
Tossed Salad
Fresh Vegetables
Fresh Fruit
Canned Fruit
Choice of Milk

Thurs., Nov. 13

SWEET & SOUR
MEATBALLS WITH RICE
OR
CHICKEN BURGER
OR
CHEESE PIZZA** WITH
A ROLL
Tossed Salad
Fresh Vegetables
Fresh Fruit
Canned Fruit
Choice of Milk

Fri., Nov. 14

CHICKEN NUGGETS
WITH A ROLL
OR
CHEESEBURGER
OR
MEATLESS BBQ RIBLET**
ON A BUN
Tossed Salad
Fresh Vegetables
Fresh Fruit
Canned Fruit
Choice of Milk

We're thankful for the chance to serve you.

It's the time of year for counting our blessings and giving thanks. And what makes us most grateful is the chance we get to serve your kids every school day.

And we're not just talking about food. Sure, the meals we serve are tasty and a great bargain, too, considering the cost of groceries. But we're really here to serve *education*. Because when kids eat well, they learn better. They pay more attention in class, participate more, and perform better in the classroom. They even score higher on standardized tests.

Convenient, economical, healthy School Meals. We prepare nutritious and affordable meals so that every student at our school is ready to learn, and we thank you for giving us that opportunity.

School Meals
We serve education every day™

Mon., Nov. 17

MACHO NACHOS WITH A ROLL
OR
CHICKEN BURGER
OR
TEXAS TOAST**

Tossed Salad
Fresh Vegetables
Fresh Fruit
Canned Fruit
Choice of Milk

Tue., Nov. 18

WIENER WINK
OR
CHICKEN BURGER
OR
TOASTED CHEESE SANDWICH**

SUN CHIPS
Tossed Salad
Fresh Vegetables
Fresh Fruit
Canned Fruit
Choice of Milk

Wed., Nov. 19

RAVIOLI WITH A ROLL
OR
CHICKEN BURGER
OR
CHEESE QUESADILLA**

GOT MILK COOKIE
Tossed Salad
Fresh Vegetables
Fresh Fruit
Canned Fruit
Choice of Milk

Thurs., Nov. 20

CHEESE PIZZA** WITH A ROLL
OR
CHICKEN BURGER
OR
BURRITO WITH CHILI AND A ROLL

Tossed Salad
Fresh Vegetables
Fresh Fruit
Canned Fruit
Choice of Milk

Fri., Nov. 21

FISH NUGGETS WITH A ROLL
OR
CHICKEN BURGER
OR
STUFFED BREAD STICKS**

Tossed Salad
Fresh Vegetables
Fresh Fruit
Canned Fruit
Choice of Milk

Mon., Nov. 24

CHICKEN NUGGETS WITH A ROLL
OR
CHEESEBURGER
OR
MEATLESS BBQ RIBLET** ON A BUN

Tossed Salad
Fresh Vegetables
Fresh Fruit
Canned Fruit
Choice of Milk

Tue., Nov. 25

TURKEY GRAVY OVER MASHED POTATOES WITH A ROLL
OR
CHICKEN BURGER
OR
TEXAS TOAST**

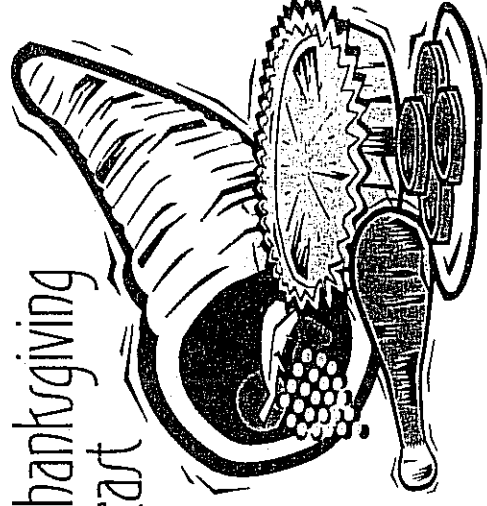
CHOCOLATE CHIP COOKIE
Tossed Salad
Fresh Vegetables
Fresh Fruit
Canned Fruit
Choice of Milk

Wed., Nov. 26

HOT DOG
OR
CHICKEN BURGER
OR
BEAN & CHEESE BURRITO** WITH A ROLL

GARDEN SALSA SUN CHIPS
Tossed Salad
Fresh Vegetables
Fresh Fruit
Canned Fruit
Choice of Milk

Thanksgiving Feast

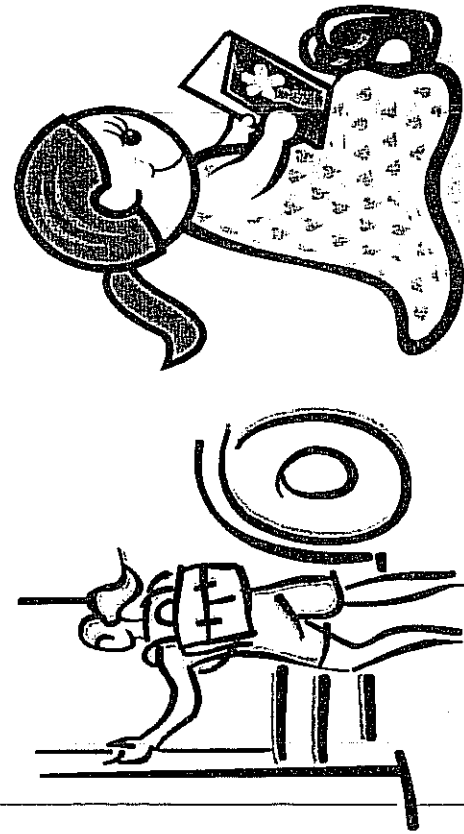


FRUIT

Apples are a member of the rose family! They supply lots of fiber, and aren't sticky, so they're sometimes called "nature's tooth brush." Fresh apples are much more nutritious than apple juice.

Apple

OF THE MONTH



Looking for a job that lets you be at home when your students are home?

The Edmonds School District Food Service Department is looking for people to work part-time on call when school is in session. For more information call 425-431-7077.

Substitutes work for 1-2½ hours when called
\$11.37 per hour

Regular Cashier Positions @ Lynnwood Elem. and Edmonds Homeschool Resource Center
\$13.05 per hour

LWE Cashier shift is about 1.50 hour
EHRC shift is about 1 hour - M-TH only